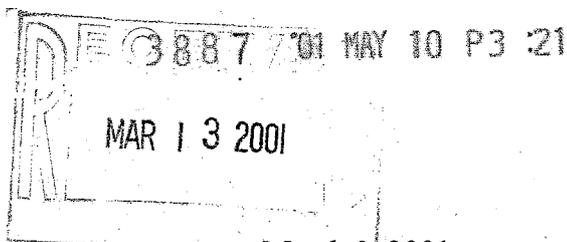




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480



March 9, 2001

Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-450)
Washington, D.C. 20204

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Metablast supplement under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Health Watchers, Heartland, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, US Nutrition, Vitamin World:

- Take off with Metablast Advanced Thermogenic Formula and discover the synergistic effects of our weight loss ingredients.
- Ma Huang is an appetite suppressant and Thermogenic Agent that can be used as part of your weight control program.
- Chromium is an essential trace mineral and plays a role in fat and glucose metabolism.
- Both Ma Huang and Guarana work synergistically to help promote Thermogenesis.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

OS/jc

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